

WCTCCA Spring 2012 Conference

April 23 & 24, 2012

Supporting Students' Career Planning & Well-being in a Very Tough Economy:

Effective Counseling and Current Tools



On the behalf of the executive committee of the Washington Community & Technical Colleges Counselors Association, I welcome you to participate in our Spring Conference of 2012. We hope that you will be renewed, invigorated, and energized from this professional development experience. And above all we want you to learn, have fun, and relax.

Our first keynote speaker, Dr. Cal Crow, is nationally recognized on issues about career decision-making and his topic is "Career Planning in a Very Tough Economy." As we look for answers to help our students with critical career concerns in a turbulent economy, this session with Dr. Crow may be the solution to your needs. Our second keynote speaker is Dr. Mary Graham, and her topic is "Counseling Students in These Complex Times." Today, as community college counselors, we are constantly getting phone calls, drop-ins, or someone who was transported by friends to your office seeking urgent attention. Dr. Graham will focus on crisis counseling, current trends, assessment tools as well as speaking about compassion fatigue. This session, I feel will be rewarding for current tools that you may want to add to your "professional counseling bag".

New: For this spring conference we will have our **WCTCCA Business meeting on Monday afternoon** before the Social Hour. At the meeting we will be accepting nominations for the Vice President position to our association.

*Finally and most importantly, our conference is held in a very scenic, natural and beautiful Washington environment at the base of Mt. Si at the Rainbow Lodge in North Bend. With best regards from the steering committee, I am thrilled this will be **our best conference ever!!***

-Theophilus "T" Mungen, WCTCCA President

Application Due Date: March 20, 2012

For conference information/questions contact:

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WCTCCA Executive Board

President: Theophilus Mungen – Tacoma Community College

Vice President: Annemarie Solbrack - Clover Park Technical College

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Ad hoc committee member: Beverly Shoen – Spokane Falls Community College

Career Planning in a Very Tough Economy

Dr. Cal Crow, Center For Learning Connections Program Director

Monday, April 23, 2010 1:00 – 4:00pm



Traditionally, economic downturns are actually a reasonable time to make career choices and changes based on the idea that the markets and employment opportunities will recover near the time your education is complete. In the current economic climate that wisdom has become questionable and career decisions are ever more challenged by the reality test of high unemployment and the reduction of educational and social support funding. This only underscores making insightful and sound career and educational choices. Community college counselors are primary and crucial in the guidance of those choices.

Cal Crow is a nationally recognized speaker and authority on career decision-making and comes to us from the Center for Learning Connections, at Edmonds Community College. He was with us in Spring 2007 and we welcome him back this Spring to talk about guiding students wisely in this tough economy. Beyond “normal” career development guidance issues, he has been called upon to consult and address more marginal and difficult issues...which we have seen become more “normal”.



Counseling Students in these Complex Times

Dr. Mary Graham, Associate Professor at Seattle University

Tuesday April 24, 2012 8:00-11:00 am

Not only are these complex times; we are seeing more students with complex lives. Dr. Graham will focus on the following counseling areas: crisis intervention, current trends, suicide, assessment tools, liability, and ethics. She will also address compassion fatigue and how to take care of ourselves as counselors.

Dr. Graham is an assistant professor at Seattle University in the Counseling and School Psychology program. Prior to working at Seattle University, she was a school counselor, Director of Upward Bound and Educational Talent Search and a juvenile correctional counselor. She has over 12 years of experience working with clients in the field and five years as a faculty member. Her expertise is working with children, adolescents, families, disengaged clients and crisis counseling. She recently created and taught a graduate level crisis counseling class at Seattle University. Dr. Graham is also passionate about issues of social justice and advocacy and rights for disengaged clients and families in poverty.



Conference Details

Rainbow Lodge Retreat Center
46820 SE Mount Si Road
North Bend, WA 98045
(425) 888- 4181

Directions:

Rainbow Lodge is a few minutes from Exit #32 off I-90.

- ◇ From Seattle take I-90 east from Seattle to exit #32 (436th Ave.). take a left on 436th, back over freeway to stop sign.
 - ◆ From East of mountains, take I-90 west to exit #32 (436th Ave.). take a right on 436th. Follow 436th until you come to a "T".
- ⇒ Turn left onto North Bend Way.
⇒ Take the first right - SE Mount Si Road.
⇒ Drive three miles (on a very windy road) - Rainbow Lodge is on the left

Conference Schedule

Monday, April 23, 2010

- 10:00 – 11:45 Check In
- 12:00 – 12:45 Networking Lunch/Opening Remarks
- 1:00 – 4:00 **"Career Planning in a Very Tough Economy"**
- Dr. Cal Crow
- 4:15:- 5:00 WCTCA Business Meeting
- 5:15 – 6:00 Networking Social-What Superhero Are You?
- 6:00 - 6:45 Dinner/Networking
- 7:30 – 9:00 Fireside Chat:
"Budget Cuts & Trends: What is Happening At Your Campus"

Tuesday April 24, 2012

- 7:15 – 7:45 Breakfast
- 8:00 – 11:00 **"Counseling Students in These Complex Times"**
- Dr. Mary Graham
- 11:00—11:45 **Check Out** * Rooms must be vacated by noon.



RAINBOW LODGE POLICIES

- ◇ **Bring your own towel and personal items.**
- ◇ Park in the designated parking area.
- ◇ Smoking permitted in outside covered areas only.
- ◇ Alcohol policy: Beer and Wine only.
- ◇ Bedding is provided.
- ◆ No smoking or candle/incense burning permitted inside the lodge. Outside covered areas provided for smoking.
- ◆ No pets.



IMPORTANT!

- ⇒ **Room linens to be removed from each room by guests during check out or you will be Surcharged \$10.**



Social Hour Theme: Superhero's!!

We all know that Counselors are super-heroes at their schools, and we are going to celebrate this fact. This year's social theme is "Superheroes!" Come with your favorite mask and cape for the social. Feel free to come dressed as your favorite traditional superhero or come dressed as your own superhero creation. Maybe you will be:

- The Masked Scholarship Bandit
- The MEDIATOR! (Say with deep voice)
- The Transfer Titan

During the social we will be playing some games where you will get to display your super powers. Materials will also be available for you to create a "costume" during the social.

WCTCCA SPRING 2012 CONFERENCE REGISTRATION FORM



Application Due Date: **March 20, 2012**

Membership Dues

- \$30 Membership Dues for 2011/2012 (if not already paid)
- \$20 Student Membership Dues for 2011/2012

Conference Fee

- \$45 Conference Fee for WCTCCA Members
- \$85 Non-Members Conference Fee
- \$30 6.0 NBCC Continuing Education Credits (CEUs)

6.0 NBCC Certified Education Credits
(CEUs) are available for professional activities at this meeting, very inexpensively. We encourage you to support your credentials by taking this option.

Over Night or Day Use Only Fees

- \$87 Double Occupancy Room (includes Day Use Fees and all meals both days)
Prefer to Room with: _____
- \$92 Single Room (includes Day Use Fees and all meals both days) -Limited availability
— —or— —
- \$41 Day Use only **Monday April 23, 2012** includes meals (No Overnight)
- \$25 Day Use only **Tuesday April 24, 2012** includes meals (No Overnight)

\$_____ Total Amount Submitting

First Name: _____ Last Name: _____

College/Institution _____

Payment Type () Personal Check (check # _____) () Institutional Check

Please Note any special Allergies/Dietary Needs _____

Please keep a copy of this completed form for your records.

Make Payable to: WCTCCA

Mail Registration Form & Payment To:

Margaret Vlahos, Counselor
Whatcom Community College
237 Kellogg Rd
Bellingham, WA 98226